

**Friday 21st  
June**

Dear parents/carers and students,

We had an excellent experience of democracy in action this week when students and staff came face to face with the candidates for the local parliamentary seat. In these times of rampant social media and soundbites it was brilliant to be able to engage in a more thoughtful debate and listen to all of the parties' views on key issues. Hopefully this event will have enlightened our students to the plans of the various parties and given them a taste of the things they will need to consider when they reach voting age in a few years time.

### General Election and Youth Matters Debate

Many thanks to those of you who accompanied your children to the Youth Matters Debate on Wednesday. This was a superb event which saw 5 of the 6 parliamentary candidates for the seat of Worthing West joining in a debate around questions devised by our students. The questions focused on homelessness, pollution, NHS dental services and funding for state education. Each of the candidates had allotted time to respond to questions and then an opportunity to sum up at the end.

This was a superb opportunity for students to hear directly from the people who wish to represent them in parliament and to explore their views on key issues which matter to young people. Huge thanks must go to all of the candidates for taking part and to Mrs Knox for organising the event.



### Candidates attending the debate:

**Sir Peter Bottomley (Conservative Party)**  
**Edmund John Rooke (Reform Party)**  
**Dr Beccy Cooper (Labour Party)**  
**Morag Chugg (Liberal Democratic Party)**  
**Sonya Mallin (Green Party)**

### A huge well done to Year 11 and Year 13 students

This week has seen the final GCSE and A Level exams take place and therefore the official start of the summer break for Year 11 and Year 13 students. There will be an end of year BBQ for Year 13 this afternoon and then (of course) the Year 11 Prom on 10th July and we will look forward to both of these punctuation points in the lives of our students.

In the meantime we would all like to thank Year 11 and Year 13 students for their hard work and commitment to their studies and to wish them all the very best for results days in the summer. This year the A Level results are released on Thursday 15th August and the GCSE results on Thursday 22nd August. We will look forward to celebrating another set of excellent exam results with all of our students and staff!

### Enrichment Day - 22nd July

Get ready for a whole day of fun at the "Whole School Enrichment Day" on July 22, 2024! Students will enjoy exciting activities such as inflatables, a silent disco, and even a colourful fun run. Don't forget to grab a treat ticket for popcorn, ice creams, or donuts for an extra dose of enjoyment!

Payment is to be made via ParentPay, if you have any questions please contact your child's year team leader.

### Local Summer Holiday Activities for children

The local schools have once again been supported by [angmeringchildcare.com](http://angmeringchildcare.com) who provide free information about all of the activities which are provided by charities and companies in the locality. Details of the activities, providers and how to book places can be found on the website.

This service is provided free of charge to all of the local schools and we gain nothing from promoting it to our families. We hope that it proves useful to those of you who are looking for ways to entertain and educate your children over the summer break.

### Parent/Carer Petition for a safer crossing on Worthing Road, East Preston

A group of concerned parents/carers have created an online petition to West Sussex County Council because of their concerns over the safety of children crossing Worthing Road (B2140) in East Preston. Their view is that this road has become a death trap with blind bends, no pedestrian crossing and cars speeding over the limit.

Their petition states: "Worthing Road is heavily used by schoolchildren and their parents from Angmering and East Preston during peak hours. Yet, there are no measures in place to ensure their safety while crossing this busy road. The absence of such safety measures forces many parents like us to resort to driving our children to school instead, causing more congestion and parking issues around the schools. Some parents are resorting to pruning the hedgerows to get a safer view to cross the road.

We urge West Sussex County Council, the Local Highways Authority and the Local Education Authority, please implement pedestrian crossings on Worthing Road as soon as possible! Our children's lives depend on it!"

Please sign this petition if you wish to support their call for a safer crossing on this road:

<https://www.change.org/p/implement-a-safe-crossing-for-schoolchildren-on-worthing-road-east-preston>

### Comedy Show in support of the LNC

Time for a little light relief..... On Saturday 14th September we are playing host to the 'Just Kidding Comedy Club' who organise and run comedy nights around the South East. They donate 30% of ticket revenue and 10% of the bar revenue to the school (in our case it will support the LNC Trust) at the same time as providing a great evening of entertainment. Tickets are £20 online or £25 on the door. Details have been included at the end of this letter. The QR code to go directly to the booking site is below. Please come along to support this great event.

### Uniform and warm weather

As most of you know we have systems in place to ensure that we make adjustments to the uniform rules during periods of extreme hot weather. We continue to monitor the forecasts throughout the summer term and will communicate any changes to you with as much notice as we can.

Our guidelines are as follows:

If the temperature is predicted to be over 25 degrees centigrade for 3 days or more (in a school week) we move to 'no blazer week', allowing students to leave blazers at home for that week

If the temperatures approach 30 degrees centigrade we will then advise of further options to allow students to remain comfortable. These may include measures such as removal of ties, replacement of school shirts with PE polo shirts or (in extreme cases) allowing students who wish to to wear full PE kit at school.

For the time being we are maintaining normal uniform expectations and appreciate your support with this.

### Dropping off and picking up your children

Please could we politely remind all parents/carers that motor vehicles are not allowed onto the school site between the hours of 8:00 - 8:45 or 15:00 - 15:30 unless you have been issued with a special permit. Permits are provided to families with children who have significant mobility issues and cannot reasonably make their way into school from Greenfield Drive. Thank you for respecting this rule in order to keep students on our site safe.

**Thanks for your continued support,**



Simon Liley, Headteacher

NAOMI GODFREY COMEDY PRESENTS

## JEST KIDDING COMEDY CLUB

JOIN US FOR A NIGHT OF  
FANTASTIC STAND UP COMEDY  
AT **THE ANGMERING SCHOOL**

**SATURDAY**

**14 SEPTEMBER 2024**

**DOORS AT 7PM**

**£20**

£25 ON THE DOOR



SCAN HERE!

30% of ticket sales  
&  
10% of bar sales  
being donated to  
'The Lavinia Norfolk  
Centre Charitable  
Trust'



**GREAT VALUE CASH & CARD BAR**



THE ANGMERING SCHOOL, STATION ROAD, BN16 4HH  
FREE PARKING FOR PATRONS  
[www.naomigodfrey.co.uk](http://www.naomigodfrey.co.uk)

3 HILARIOUS  
LIVE COMEDY ACTS  
INCLUDING TV & BBC'S  
"LIVE AT THE APOLLO"  
STAR, LAURA LEXX.  
HOSTED BY:  
NAOMI GODFREY

# Student and Community News

## New Year 8 Student Ambassador

We are so proud of our new Year 8 student ambassadors! They were brilliant at their first event, the Youth Matters Debate. They showed incredible confidence and leadership. We couldn't be happier with their performance, and we can't wait to see what else they'll achieve as student ambassadors. They're such superstars!



## Empowerment Awards - Community Nominations

The nominations are now open for the Empowerment Awards 2024. We are particularly asking for your help to nominate students in the 'Empower my Community' awards. We know that many of our students have an exceptional impact in our local community but we don't always get to hear about this. To celebrate these achievements, we would like you to nominate or share the nomination form with local community groups. The form can be found here:

[Empower my Community Award nominations](#)

## Student Bulletin

Every Monday we send the students a newsletter which includes important weekly events and notices, sports clubs, and celebrates their achievements. Please click here to see this weeks Bulletin.

[Link to The Student Bulletin](#)

# Vacancies

- No current vacancies

# Diary Dates

- 25th-28th June Stoke Mandeville Games
- 25th June Summer Production
- 26th June Summer Production
- 27th June Year 7 Science Fair
- 28th June History Trip - Y9 Jack The Ripper Tour
- 3rd July Year 6 Transition Day
- 3rd July University of Chichester trip Yr12
- 4th July UCAS Information evening
- 5th July Y10 Chichester College trip - Taster Day
- 9th July Year 7 Arundel and Wetlands trip

# Key Contacts for parents/carers

Key Contact	Email Addresses	Phone Numbers
<b>Year 7 Key Contacts</b>		
Mrs Jones (Attendance Officer)	<a href="mailto:ljones@theangmeringschool.co.uk">ljones@theangmeringschool.co.uk</a>	(01903) 778323
Miss Pegden (Head of Year 7)	<a href="mailto:npegden@theangmeringschool.co.uk">npegden@theangmeringschool.co.uk</a>	(01903) 778317
Mrs Ford (Student Support)	<a href="mailto:sford@theangmeringschool.co.uk">sford@theangmeringschool.co.uk</a>	(01903) 772351 (Extension 260)
<b>Year 8 Key Contacts</b>		
Mrs Jones (Attendance Officer)	<a href="mailto:ljones@theangmeringschool.co.uk">ljones@theangmeringschool.co.uk</a>	(01903) 778323
Mrs Wyatt (Head of Year 8)	<a href="mailto:swyatt@theangmeringschool.co.uk">swyatt@theangmeringschool.co.uk</a>	(01903) 778303
Mrs Ford (Student Support)	<a href="mailto:sford@theangmeringschool.co.uk">sford@theangmeringschool.co.uk</a>	(01903) 772351 (Extension 260)
<b>Year 9 Key Contacts</b>		
Mrs Jones (Attendance Officer)	<a href="mailto:ljones@theangmeringschool.co.uk">ljones@theangmeringschool.co.uk</a>	(01903) 778323
Mrs Fillery (Head of Year 9)	<a href="mailto:jfillery@theangmeringschool.co.uk">jfillery@theangmeringschool.co.uk</a>	(01903) 778311
Mrs Ford (Student Support)	<a href="mailto:sford@theangmeringschool.co.uk">sford@theangmeringschool.co.uk</a>	(01903) 772351 (Extension 260)
<b>Year 10 Key Contacts</b>		
Mrs Jones (Attendance Officer)	<a href="mailto:ljones@theangmeringschool.co.uk">ljones@theangmeringschool.co.uk</a>	(01903) 778323
Mrs Hook (Head of Year 10)	<a href="mailto:lhook@theangmeringschool.co.uk">lhook@theangmeringschool.co.uk</a>	(01903) 778338
Mrs O'Hare (Student Support)	<a href="mailto:dohare@theangmeringschool.co.uk">dohare@theangmeringschool.co.uk</a>	(01903) 778389
<b>Year 11 Key Contacts</b>		
Mrs Jones (Attendance Officer)	<a href="mailto:ljones@theangmeringschool.co.uk">ljones@theangmeringschool.co.uk</a>	(01903) 778323
Mr Middleton (Head of Year 11)	<a href="mailto:mmiddleton@theangmeringschool.co.uk">mmiddleton@theangmeringschool.co.uk</a>	(01903) 778339
Mrs O'Hare (Student Support)	<a href="mailto:dohare@theangmeringschool.co.uk">dohare@theangmeringschool.co.uk</a>	(01903) 778389

# Key Contacts for parents/carers

## Sixth Form Key Contacts

Sixth Form	Mr Kerrison (Leader of VI Form) Mrs Carroll (VI Form Admin) Emily Davies (VI Pastoral Coordinator)	<a href="mailto:akerrison@theangmeringschool.co.uk">akerrison@theangmeringschool.co.uk</a> <a href="mailto:pcarroll@theangmeringschool.co.uk">pcarroll@theangmeringschool.co.uk</a> <a href="mailto:edavies@theangmeringschool.co.uk">edavies@theangmeringschool.co.uk</a>	(01903) 778356 (01903) 778391 (01903) 778394
------------	--	--	--

**Absence Reporting Via Text Messaging - 07860054571**

### Parental Wellbeing and Information

#### Parent Workshops from CAMHS

Our colleagues in the Child and Adolescent Mental Health Service (CAMHS) have produced a series of pre-recorded webinars for parent and carers. The topics cover a range of difficulties that young people may be experiencing.

Each workshop gives an overview of a specific difficulty and also some hints and tips on how young people can be supported. There are also links to some resources that you may find helpful, either while you are waiting for CAMHS treatment, or as an alternative to CAMHS.

<https://www.sussexcamhs.nhs.uk/resources/resources-for-families-carers-and-professionals/parent-and-carer-workshops?open=15829#single-accordion-15829>

#### West Sussex Mind online event

This online event led by West Sussex Mind will cover various topics related to youth self-harm, including identifying warning signs, effective communication strategies, and available resources for support. Our experienced professionals will lead the session, offering insights and practical advice to help you navigate this challenging situation.

By attending this session, you'll gain a better understanding of youth self-harm and learn how to provide the necessary support to your child or the young person you care for. It's a great opportunity to connect with other parents or carers who are facing similar concerns.

[https://www.eventbrite.co.uk/e/free-online-session-for-parents-or-carers-concerned-about-youth-self-harm-tickets-890197232887?aff=erelexpmlt&gl=1\\*10fobvb\\*\\_up\\*MQ..\\*\\_ga\\*ODAzNzc2NTk3LjE3MTQxMTcxMDE.\\*\\_ga\\_TQVES5V6SH\\*MTcxNDExNzEwMS4xLjAuMTcxNDExNzEwMS4wLjAuMA..](https://www.eventbrite.co.uk/e/free-online-session-for-parents-or-carers-concerned-about-youth-self-harm-tickets-890197232887?aff=erelexpmlt&gl=1*10fobvb*_up*MQ..*_ga*ODAzNzc2NTk3LjE3MTQxMTcxMDE.*_ga_TQVES5V6SH*MTcxNDExNzEwMS4xLjAuMTcxNDExNzEwMS4wLjAuMA..)

#### BBC Sussex Raising Teens

A number of West Sussex colleagues from both the SEND and Inclusion Service and Public Health have been involved in the latest series of Raising Teens on BBC Radio Sussex, as part of a project by Make Good Trouble. <https://www.makegoodtrouble.co.uk/our-work/raising-teens/raising-teens-series-five/>

The series is aimed at parents of teenagers, but is an excellent source for anyone supporting this cohort of young people.



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## 10 Top Tips for Parents and Educators

# PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

### 1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

### 2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

### 3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

### 4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

### 5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

### 6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

### 7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

### 8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

### 9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

### 10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

## Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College®

# The Angmering School Attendance Overview



UK Health  
Security  
Agency



## Should I keep my child off school?

### Yes

#### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

### No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

#### Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.