

Friday 24th
May

Dear parents/carers and students,

Today is a 'signpost' day for our Year 11 students as they complete their final timetabled lessons. After the half term break they will only be expected in school for their exams, the remainder of the time will be spent preparing at home. There will be a 'leavers assembly' and shirt signing session prior to an early finish today (Year 11 only!). Even though we will see them all after the holiday for their exams, and many of them in sixth form next year, this is still a significant moment in their school lives. I know that all of the staff are really proud of the way which the year group have conducted themselves this year and wish them all the best for the remainder of the exams. You've got this Year 11!

Introduction of the 'Refocus' room

As part of our continued aim to have completely disruption free classrooms we are introducing a new layer to our behaviour management system after the May Half Term holiday. Currently students who disrupt their lessons are given a warning, then moved to a different seat and (if they persist in poor choices) then 'parked' in another classroom in the department. This system of 'parking' is being replaced with a more significant (and less disruptive) sanction: a period of time in the central 'Refocus Room'.

From Monday 3rd June onwards any student who disrupts their lessons will be given 2 warnings and then sent to the 'Refocus Room' where they will work in silence for 2 hours and one breaktime, supervised by a senior member of staff. They will also receive an after school detention on the same day to catch up with missed work. We will be explaining the new system to students during assemblies and START sessions over the next school week. We hope that this more significant sanction will act as a further deterrent to students who may consider disrupting the learning of others. As always, your support for our behaviour systems is greatly appreciated.

National Recognition for Mrs Hobbs!

Congratulations to Sam Hobbs, our amazing Leader of Art and Photography, on being nominated for the NSEAD 2024 Awards! The NSEAD Awards formally recognise and celebrate exemplary individuals, schools and learning teams who have championed Art, pushed boundaries, empowered change, and shown innovation within the sector. Sam has been shortlisted for the NSEAD President's Award for Exemplary Practice. The judging panel is made up of artists and art educators with a wide range of experience and expertise: Frances Akinde, Mia Bano, Kevin Dalton-Johnson, Dr Sook-Kyung Lee, Bob and Roberta Smith, Marlene Wylie, Andria Zafirakou. The judges were impressed by Sam's work and believe her contribution to art, craft and design education is exemplary. The award ceremony will be held at The Whitworth Art Gallery in Manchester on Saturday 29th June. I am sure that you will all join me in wishing Sam the best of luck!

Comedy Show in support of the LNC

Time for a little light relief.... On **Saturday 14th September** we are playing host to the '**Just Kidding Comedy Club**' who organise and run comedy nights around the South East. They donate 30% of ticket revenue and 10% of the bar revenue to the school (in our case it will support the LNC Trust) at the same time as providing a great evening of entertainment. Tickets are £20 online or £25 on the door. Details have been included at the end of this letter. The QR code to go directly to the booking site is below. Please come along to support this great event.



Uniform and warm weather

As most of you know we have systems in place to ensure that we make adjustments to the uniform rules during periods of extreme hot weather. We continue to monitor the forecasts throughout the summer term and will communicate any changes to you with as much notice as we can.

Our guidelines are as follows:

- If the temperature is predicted to be over 25 degrees centigrade for 3 days or more (in a school week) we move to 'no blazer week', allowing students to leave blazers at home for that week
- If the temperatures approach 30 degrees centigrade we will then advise of further options to allow students to remain comfortable. These may include measures such as removal of ties, replacement of school shirts with PE polo shirts or (in extreme cases) allowing students who wish to to wear full PE kit at school.

For the time being we are maintaining normal uniform expectations and appreciate your support with this.

Empowerment Awards 2024

We are looking forward to celebrating the successes of our students by introducing the Empowerment Awards for 2024. A total of 62 awards will be given out incorporating themes from our Empowerment Curriculum and will celebrate success in all parts of school life including learning, community support, positive relationships, creativity and problem solving. The awards will then be given at an awards evening on the 17th July.

We are currently seeking sponsorship for the awards evening and have several levels of sponsorship available for local businesses, individuals and groups to sponsor. This is a fantastic opportunity to recognise and celebrate our students and their impact. If you would like more information on the awards that we will be giving and the sponsorship information, please contact Hannah Knox via email - hknox@theangmeringschool.co.uk. More information on the nomination criteria and processes will be available for some community focused awards after the half term break.

Please refresh pencil cases over half term!

We have noticed that as the term has progressed more students are arriving to school without the basic equipment which they need in lessons. Could we ask that all our families take pencil cases out of school bags over the break and check that their children have the basic stationary needed:

Black/blue pens (at least 3), pencils (at least 3), pencil sharpener, rubber, 30cm ruler, protractor, set square, compasses, purple pens (at least 2), calculator.

It is also really helpful to have colouring pencils and a glue stick.

This makes a huge difference to their readiness to learn and allows lessons to start promptly. Thanks for your support.

Exams information and advice

We are now in the formal exam season for Y11 and Y13. Our exams team has developed lots of useful resources for parents/carers and students which will provide some of the important information and advice needed to successfully navigate the exams.

All of the information can be found by visiting the Exams Information section of our website. Perhaps the most important section is the Exams Calendar which allows parents/carers to know when all of the formal exams are. All students have been issued with a personalised exam timetable (with specific details on rooms and seat numbers etc.) but we hope that having access to the general exam timetable is helpful to you.

If you need any further information which you cannot find on the website please do not hesitate to contact us through the normal links.

Thanks for your continued support,



Simon Liley, Headteacher

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Student and Community News

Sporting Success

The Yr8 Rounders team has kicked off the district campaign in spectacular fashion with a thrilling victory against Durrington High School! The girls put in a fantastic effort, showcasing their skills and teamwork. Congratulations to the team for this amazing start! Also, a reminder to all KS3 students that the Rounders club takes place every Monday. Looking forward to seeing everyone there!



What a game on Sunday at the Basketball Sussex finals! Henry and the team pulled off an incredible win against Eastbourne Neptunes with a score of 83-92. It was such an intense and thrilling game to watch. Huge congratulations to Worthing D&D under 16's for this fantastic achievement! We love to see our students achieve their goals!



Student Bulletin

Every Monday we send the students a newsletter which includes important weekly events and notices, sports clubs, and celebrates their achievements. Please click here to see this weeks Bulletin.

[Link to The Student Bulletin](#)

Vacancies

Diary Dates

- 27th May Half Term
- 3rd June Back to School
- 3rd June Y12 Mock Exams
- 3rd June Y9 Exam Week
- 6th June Y6 Enrichment Evening 2
- 10th June Y8 Exam Week
- 17th June Y7 Exam Week
- 18th June Y8 Consultation Evening

Key Contacts for parents/carers

Key Contact	Email Addresses	Phone Numbers
Year 7 Key Contacts		
Miss Silva (Attendance Officer)	ssilva@theangmeringschool.co.uk	(01903) 778331
Miss Pegden (Head of Year 7)	npegden@theangmeringschool.co.uk	(01903) 778317
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 8 Key Contacts		
Miss Silva (Attendance Officer)	ssilva@theangmeringschool.co.uk	(01903) 778331
Mrs Wyatt (Head of Year 8)	swyatt@theangmeringschool.co.uk	(01903) 778303
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 9 Key Contacts		
Miss Silva (Attendance Officer)	ssilva@theangmeringschool.co.uk	(01903) 778331
Mrs Fillery (Head of Year 9)	jfillery@theangmeringschool.co.uk	(01903) 778311
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 10 Key Contacts		
Miss Silva (Attendance Officer)	ssilva@theangmeringschool.co.uk	(01903) 778331
Mrs Hook (Head of Year 10)	lhook@theangmeringschool.co.uk	(01903) 778338
Mrs O'Hare (Student Support)	dohare@theangmeringschool.co.uk	(01903) 778389
Year 11 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mr Middleton (Head of Year 11)	mmiddleton@theangmeringschool.co.uk	(01903) 778339
Mrs O'Hare (Student Support)	dohare@theangmeringschool.co.uk	(01903) 778389

Key Contacts for parents/carers

Sixth Form Key Contacts

Sixth Form	Mr Kerrison (Leader of VI Form) Mrs Carroll (VI Form Admin) Emily Davies (VI Pastoral Coordinator)	akerrison@theangmeringschool.co.uk pcarroll@theangmeringschool.co.uk edavies@theangmeringschool.co.uk	(01903) 778356 (01903) 778391 (01903) 778394
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Absence Reporting Via Text Messaging - 07860054571

Parental Wellbeing and Information

Parent Workshops from CAMHS

Our colleagues in the Child and Adolescent Mental Health Service (CAMHS) have produced a series of pre-recorded webinars for parent and carers. The topics cover a range of difficulties that young people may be experiencing.

Each workshop gives an overview of a specific difficulty and also some hints and tips on how young people can be supported. There are also links to some resources that you may find helpful, either while you are waiting for CAMHS treatment, or as an alternative to CAMHS.

<https://www.sussexcamhs.nhs.uk/resources/resources-for-families-carers-and-professionals/parent-and-carer-workshops?open=15829#single-accordion-15829>

West Sussex Mind online event

This online event led by West Sussex Mind will cover various topics related to youth self-harm, including identifying warning signs, effective communication strategies, and available resources for support. Our experienced professionals will lead the session, offering insights and practical advice to help you navigate this challenging situation.

By attending this session, you'll gain a better understanding of youth self-harm and learn how to provide the necessary support to your child or the young person you care for. It's a great opportunity to connect with other parents or carers who are facing similar concerns.

https://www.eventbrite.co.uk/e/free-online-session-for-parents-or-carers-concerned-about-youth-self-harm-tickets-890197232887?aff=erelexpmlt&gl=1*10fobvb*_up*MQ..*_ga*ODAzNzc2NTk3LjE3MTQxMTcxMDE.*_ga_TQVES5V6SH*MTcxNDExNzEwMS4xLjAuMTcxNDExNzEwMS4wLjAuMA..

BBC Sussex Raising Teens

A number of West Sussex colleagues from both the SEND and Inclusion Service and Public Health have been involved in the latest series of Raising Teens on BBC Radio Sussex, as part of a project by Make Good Trouble. <https://www.makegoodtrouble.co.uk/our-work/raising-teens/raising-teens-series-five/>

The series is aimed at parents of teenagers, but is an excellent source for anyone supporting this cohort of young people.

Free Workshop for Parents and Carers regarding Self Harm

FREE workshops for parents and carers

Join other parents and carers in a safe and supportive environment to hear what is working for them and improve your understanding and skills to prevent and respond to self-harm.

<https://www.angmeringschool.co.uk/assets/Self-Harm-Learning-Networks-Parents.pdf>

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES



Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

6 EMPOWER THE CHILD



When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

2 LEAD BY EXAMPLE



The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

7 TEACH EMPATHY



'Healthy friendships' doesn't always mean 'perfect'. Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

3 HELP THEM LOVE THEMSELVES



Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

8 BE OPEN TO QUESTIONS




Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

4 MONITOR SCREEN TIME




Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

9 UNDERSTAND BOUNDARIES



One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

5 TEACH PROBLEM-SOLVING



Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

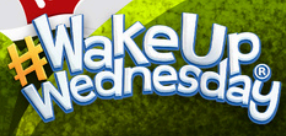
10 SPOT THE SIGNS



We can't always supervise young people; sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



The Angmering School Attendance Overview



UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.