

**Friday 28th
February**

Dear parents/carers and students,

As you know we're a #NeuroNinja school and our whole community benefits from support through [Action Your Potential](#). This term they are running a series of webinars, details are below, please sign up at the link.

Action Your Potential! Free Parent/Carer Webinars

Building Amazing Brains Webinars Coming in March

In these webinars Andrew Wright from [Action Your Potential](#) will offer all of our wonderful parents and carers a window on the world of the developing human brain. Being a parent is the toughest job in the world. The aim of these webinars is to help parents and carers to explore:

- *How our brain is set-up*
- *The neuroscience of brain development*
- *How to help their child to be resilient*
- *How we can help our child first co-regulate and then self-regulate*
- *How to parent for the long-term (for our child aged 40!!!)*
- *How our own experiences as a child impact our parenting style*

The webinars will each run on a Thursday through March.

[A poster to sign up to the webinars is here.](#)

[Zoom link to sign up for whole series is here.](#)

[Here's a video from Andrew at AYP explaining what we'll be looking at in this series.](#)

Thursday 6 March 8pm (45 mins with 15 mins for Q&A)

Building Amazing Brains: How Our Brains Are Set Up

Thursday 13 March 8pm (45 mins with 15 mins for Q&A)

Building Amazing Brains: Resilience and Regulation, How A Brain Learns to Soothe Itself

Thursday 20 March 8pm (45 mins with 15 mins for Q&A)

Building Amazing Brains: Parenting Style v Brain Development What We Know

Thursday 27 March 8pm (45 mins with 15 mins for Q&A)

Building Amazing Brains: Be a #NeuroNinja Parent

You also have access to the #NeuroNinja Learning Hub, [you can sign up here.](#) This month the following new courses have been added.

Unpicking the Lock of OCD - A 7 Session Course about what OCD is in the brain and how we can tackle it

Responding to Grief - An 8 Session course focused on what grief is in the brain and how we can respond to this intense experience

Getting Our Hustle On - A 7 episode course for KS4 students focused on getting stuff done and tackling procrastination.

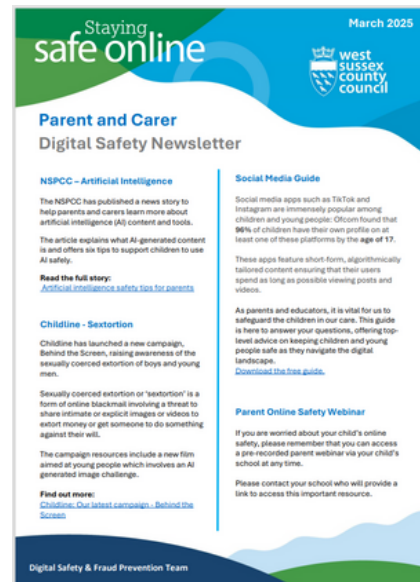
A video explaining the [contents of these new courses is here.](#)



Digital Safety Newsletter (from WSCC)

We are sure that all parents/carers share the same concerns about the safety of their children online. In order to support you in keeping your child safe, WSCC have produced a newsletter with helpful links and guidance. Please click on the link below to access this.

[WSCC Digital Safety Newsletter - March 2025](#)



Raising Teens - Free Family Learning (virtual sessions)

The Family Learning team at West Sussex County Council are running **free, virtual sessions on raising teens**. The aim of these sessions is to help parents/carers understand the teenage brain, and offer guidance on how to communicate with their teens and foster a positive home environment.

We have 2 options available:

Raising Teens: An Introduction to the Teenage Brain

This is a 90 minute session on **Tuesday 4 March, 19:45 - 21:15, running virtually**. This introductory session will focus on developing positive communication between parents, carers, and teenagers. You'll walk away with practical strategies for improving communication and overcoming common challenges you may be facing.

To find out more and register, please [click here](#).

Raising Teens: Navigating the Teenage Mind

This **4-week course begins on the 11 March with 90 minute sessions running virtually, in the evening**. Whilst on this course, you'll gain a deeper understanding of teenage brain development and how it influences behaviour, communication, and relationships. We'll dive into the key emotional, social, and developmental needs of teenagers, and explore what happens when those needs aren't met, leading to shifts in behaviour.

To find out more and register, please [click here](#).

The Angmering School is 50!

This year marks 50 years since the school opened for students and we are planning a celebration on 5th July when we will be looking back at all of the highlights of the first 50 years of our school. If you attended the school please keep a lookout for our social media feeds over the next few months because we will be asking members of the community for memories and images of the school over the years. We are hoping to put together an exhibition of the changing face of the school since 1975!

Please get digging through those old photos and scrapbooks (remember those?) and watch this space for further details.

Potential Funds from Tesco (please give us your votes!)



We are delighted that we have been successful and our project has been chosen to be put forward to a **customer vote** in Tesco stores.

The project with the highest number of votes across our local area will receive £1,500, the second placed project £1,000 and the third placed project £500. Any of these amounts will be a huge benefit and we would be very grateful for the assistance.

The stores taking part in the voting on our **Wellbeing Outdoor Activities project** are listed below:

- Littlehampton Finisterre Express Express BN17 6RA
- Littlehampton Superstore BN17 5RA
- Rustington Express Express BN16 3DR

What happens next?

You can vote after making a purchase in a Tesco store, where you will be given **one token per transaction**. These should be placed in the boxes at the store entrance supporting the project. Voting will commence in store from Mid-January 2025 until the end of March 2025. **Thanks in advance for your votes!**

Think Pharmacy First

Most pharmacies in England are now providing the NHS Pharmacy First service which allows pharmacists to provide advice and where appropriate, supply NHS medicines for the following conditions:

- Earache (aged 1 to 17 years)
- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)
- Shingles (aged 18 years and over)
- Sinusitis (aged 12 years and over)
- Sore throats (aged 5 years and over)
- Urinary tract infections (UTIs) in women (aged 16 to 64 years)



If you have symptoms that suggest you may have one of these conditions, you can walk into a pharmacy and be offered a consultation with a pharmacist in a private consultation room.

Your GP surgery may also refer you to the service if you contact them but they believe it is appropriate for you to be seen by a pharmacist. If you have symptoms that suggest you have one of the above conditions, why not give the Pharmacy First service a try?

For more information, visit nhs.uk/thinkpharmacyfirst

School Phone Line for Student Absences

In order to simplify the process of notifying the school when your child is too ill to attend, we have now amalgamated all of the year groups onto one central phone number. Please call the main reception number (01903 772351) for all absences. You will then be asked to **dial '1' to report absences** for Years 7-11 or **'6'** to report absences in the Sixth Form. Many thanks.

Absence must be reported for each day of absence.

Alternatively you can report your child's absence via our designed text number to 07860054571

Contacts for enquiries relating to absence

Year Group	Year Team Assistant	Direct Dial Numbers	Extension Numbers
Years 7, 8 and 9	Ms Lisa Jones	Tel 778323	323
Years 10 and 11	Mrs Sarah Silva	Tel 778331	331
Years 12 and 13	Mrs Pauline Carroll	Tel 778391	391

Walking, Talking Mocks (Year 11)

I would just like to remind you all that the Walking, Talking Mocks continue apace. They take place after school and provide an excellent opportunity for students to learn more about excellent exam technique and core subject content. These are open to all Year 11 students and the schedule has been shared with them all (and can be seen below). Please encourage your children to attend. They are really powerful sessions.

REMAINING YEAR 11 WALKING TALKING MOCK SCHEDULE 2025

ENGLISH	WEDNESDAY	5 MARCH		SCIENCE	THURSDAY	3 APRIL
SCIENCE	THURSDAY	13 MARCH		MATHS	THURSDAY	25 APRIL
MATHS	THURSDAY	20 MARCH		SCIENCE	THURSDAY	1 MAY
ENGLISH	WEDNESDAY	26 MARCH		ENGLISH	THURSDAY	7 MAY

Please drive and park considerately when dropping off or picking up children

We have had a number of concerned residents contacting us since the start of term to ask that we remind parents/carers about the need to drive and park considerately when dropping off and picking up children. In particular we would ask that you avoid blocking driveways, which may prevent residents from entering or leaving their homes. It has also been noticed that parents/carers are not observing the Keep Clear markings at the main entrance; the area is therefore being patrolled by Arun Parking Enforcement Team because of their concern for pedestrian safety. Many thanks for your consideration.

Thanks for your continued support,



Simon Liley, Headteacher

The Angmering School

PRESENTS

MUSIC MANIA

THURSDAY 6 MARCH 2025



THE ANGMERING SCHOOL
STATION ROAD BN16 4HH

DOORS OPEN AT 6.15PM
FOR A 6.30PM START



ADMISSION IS £3
PAYABLE THROUGH PARENTPAY

Save The Date!



Post Graduate teacher training programme at Chichester University

Want to make a real difference and inspire the next generation?

STUDY A PGCE AND BECOME A TEACHER

- Qualify as a primary or secondary teacher in just one year and start fulfilling your career.
- Gain the skills and experience to secure your first teaching job with qualified teacher status (QTS)
- We work with a range of excellent partnership schools across West and East Sussex, Hampshire, Isle of Wight and Surrey
- It's a well respected, varied and challenging career, where you can have a positive impact on the lives of young people
- It is not as expensive as you might think, and in some subjects, you can even get a bursary of up to £28,000
- Earn a qualification for life, where you are always in demand



To find out more contact:

+44 (0)1243 816000 | primaryPGCE@chi.ac.uk | secondaryPGCE@chi.ac.uk

#chiuni      



If you are interested in teaching and want to find out more about our Post Graduate teacher training programmes, then please join us at our next virtual post graduate open event which is being held on the 26th of March. You can register by contacting studyhere@chi.ac.uk.

You can also email Debs Wilkinson (d.wilkinson@chi.ac.uk) to talk about the primary courses and Jeremy Smith (j.smith@chi.ac.uk) to discuss the secondary routes.





**SAY THANK YOU TO A LOCAL SUPERSTAR
BY NOMINATING THEM FOR AN AWARD.**

-  Fred Rowley Award
-  Volunteer of the Year Award
-  Young Volunteer of the Year Award

To find out more, visit the link below or
contact the office for more information

<https://forms.office.com/e/nQLFuihT8W>

**Don't
miss your
chance to
nominate**

Closing date: 27 April 2025

01903 772124



admin@angmering-pc.gov.uk



Brighton Marathon Fundraisers!



Three brave friends of the school are in training to run the Brighton Marathon on 6th April 2025. They are hoping to raise £1500 to support some of our LNC students to attend the Wheelpower National Junior Games at the Stoke Mandeville Stadium in June. The money will cover transport, food and accommodation for around 25 students to attend the three day championships.

The amazing runners are Charlotte Webb (ex Angmering Student) Steven Ward-Smith (uncle to one of our year 8 students) and Karen Miles (maths teacher). All have been training hard for the race over the last few months. Please click on the link below to donate whatever you can afford to this excellent cause. Thank you!

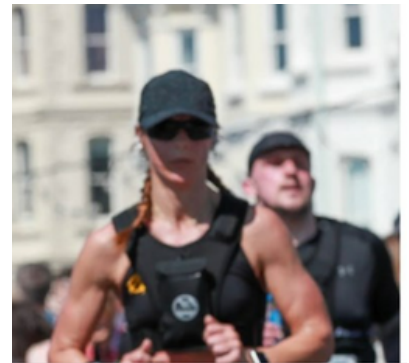
[justgiving.com/campaign/marathon2025lnc](https://www.justgiving.com/campaign/marathon2025lnc)

Please note - if you do make a donation, be aware of the JustGiving 'Tip' that may automatically be added - it is on a slide bar. You can reduce it back to 0, otherwise an extra 12.5 percent will be added to your donation. This is separate to Gift Aid. We wouldn't want for your generosity to be caught out!

Our colleague Cherie Sykes is also running the Brighton Half Marathon on Sunday 2nd March for MacMillan Cancer Support to raise funds for the 3 million people they support and look after through the challenges of Cancer. If you would like to donate to show your support 'to ensure that no one faces these challenges alone'... please click on the link below to Cherie's JustGiving page.

Any support, no matter how small, will be gratefully received:

https://www.justgiving.com/fundraising/Sykes-Half?utm_medium=FR&utm_source=CL



London Marathon Fundraiser!

Another one of our amazing colleagues, Graham Merritt-Blann is running the London Marathon this year. Graham was able to get in on a ballot place and decided to raise money for three charities, St Barnabas House, British Liver Trust & The Lavinia Norfolk Centre at The Angmering school. All three charities are close to Graham's heart and any donations will be greatly appreciated - thank you.

<https://gofund.me/4d73e1c4>



A huge thank you to The Jack Clavey Trust Fund!

On behalf of the students and staff at The Lavinia Norfolk Centre, I would like to express our sincere gratitude for your incredibly generous donation to our Trust.

Your contribution will enable us to purchase a superb piece of specialist equipment, namely a pool pod. This will make it possible for students who use wheelchairs to independently access the hydrotherapy pool, offering them freedom and empowerment as they lower themselves into the water without the need for assistance.

The students were absolutely thrilled to hear the news and are eagerly waiting the arrival and installation of the equipment so that they can start using it. We do hope you and your fellow Trustees can join us for the grand opening of the pool pod, where you will witness the joy and excitement on the students' faces as they experience this new opportunity for the first time. Their smiles will be the best testament to the positive impact in the lives of these young people

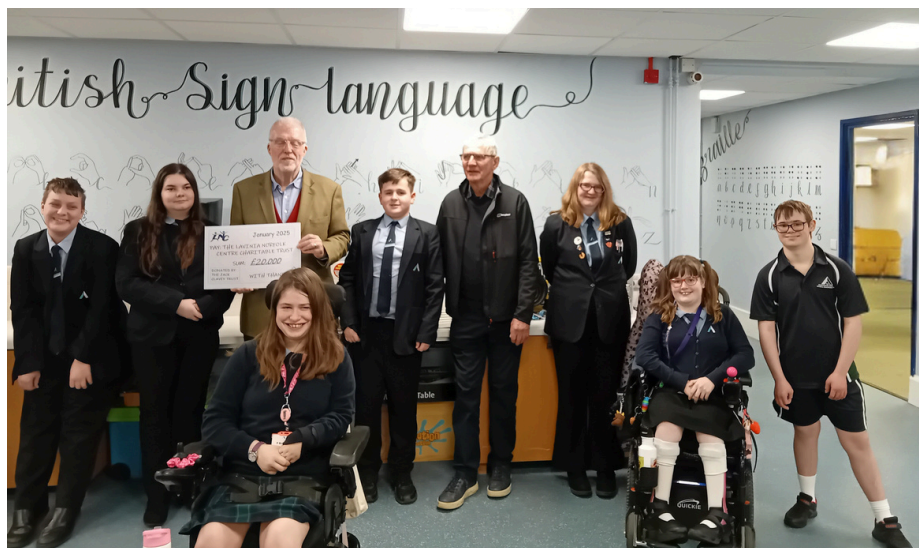
The Jack Clavey Trust Fund.

The fund was established 30 years ago to benefit sport and leisure facilities in Angmering, and over the years, it has assisted many organisations. Local singers have got a new keyboard; footballers new shirts; the local Scouts a renovated clubhouse and car park. More recently, the Trust committed a £20k grant to help with the construction of a clubhouse for the Otters Football Club on Station Rd.

Jack Clavey himself was a well-known West Sussex builder who was born in Angmering just before the First World War. He lived in Flint Cottage on Station Rd. and was a keen sportsman, playing football and cricket for local teams and golf at Ham Manor. He was passionate about his sport and about Angmering and when he died in 1996 he left a significant bequest to support sporting, recreational and leisure facilities in the village.

The Jack Clavey Trust has been a long-term supporter of the Lavinia Norfolk Centre. Mr Eric Holmes, local resident and Trustee of the Jack Clavey Trust said:

'We are inspired by the work that Natalie and her team do here at the LNC and are thrilled to be able to help fund this access lift for the hydrotherapy pool. Every young person deserves the chance to enjoy life and reach their full potential and we are delighted to have the opportunity to help ensure that happens.'



Student and Community News

Exam Certificates Summer 2024

We are pleased to inform you that the summer 2024 exam certificates are now available for collection.

Collection Details:

Location: Main Reception, The Angmering School

Collection Dates/Times: Monday to Friday, 9:00 AM – 3:30 PM

Required Identification: Please ensure you bring valid identification when collecting your certificates. Without it, we will not be able to release them.

If you are unable to collect your certificates in person, or if you would like to nominate someone to collect them on your behalf, please contact dbrown@theangmeringschool.co.uk to arrange this.

Should you have any further questions, please don't hesitate to get in touch.

SUMMER EXAM
CERTIFICATES NOW
AVAILABLE FOR
COLLECTION

Student Bulletin

Every Monday we send the students a newsletter which includes important weekly events and notices, sports clubs, and celebrates their achievements. Please click here to see this weeks Bulletin.

[Link to The Student Bulletin](#)

Vacancies

- [Learning Support Assistant \(Maternity Cover\)](#)
- [Premises Officer](#)

Diary Dates

- 06/03/2025 - Music Mania Performance - Doors open at 6.15pm
- 10/03/2025 - 21/03/2025 Y13 Mock Exams
- 17/03/2025 - 04/04/2025 - Y10 Speaking & Listening Exams
- 18/03/2025 - Y10 GCSE Geography Field Trip, London
- 20/03/2025 - Y9 Booster Vaccinations
- 04/04/2025 - Last day of Spring term - Students finish at 3.15pm

Key Contacts for parents/carers

Key Contact	Email Addresses	Phone Numbers
Year 7 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Miss Pegden (Head of Year 7)	npegden@theangmeringschool.co.uk	(01903) 778317
Mrs Ford (Student Support) & Mrs O'Hare (Student Support)	sford@theangmeringschool.co.uk dohare@theangmeringschool.co.uk	(01903) 778341 (01903) 778389
Year 8 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mr Middleton (Head of Year 8)	mmiddleton@theangmeringschool.co.uk	(01903) 778339
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 778341
Year 9 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mrs Wyatt (Head of Year 9)	swyatt@theangmeringschool.co.uk	(01903) 778303
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 778341
Year 10 Key Contacts		
Mrs Silva (Attendance Officer)	ssilva@theangmeringschool.co.uk	(01903) 778331
Mrs Fillery (Head of Year 10)	jfillery@theangmeringschool.co.uk	(01903) 778311
Mrs O'Hare (Student Support)	dohare@theangmeringschool.co.uk	(01903) 778389
Year 11 Key Contacts		
Mrs Silva (Attendance Officer)	ssilva@theangmeringschool.co.uk	(01903) 778331
Mrs Hook (Head of Year 11)	lhook@theangmeringschool.co.uk	(01903) 778338
Mrs O'Hare (Student Support)	dohare@theangmeringschool.co.uk	(01903) 778389

Key Contacts for parents/carers

Sixth Form Key Contacts

Sixth Form	Mrs Knox (Leader of VI Form) Mrs Carroll (VI Form Admin) Emily Davies (VI Pastoral Coordinator)	hknox@theangmeringschool.co.uk pcarroll@theangmeringschool.co.uk edavies@theangmeringschool.co.uk	(01903) 778356 (01903) 778391 (01903) 778394
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Absence Reporting Via Text Messaging - 07860054571

[Should my child go to School today?](#)




Should I keep my child off school?

Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek





SCAN ME

Advice and guidance
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

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What Parents & Educators Need to Know about MARVEL RIVALS



ESRB advise nobody under the age of 13 should play

WHAT ARE THE RISKS?

Marvel Rivals launched in December 2024 and amassed a player count of nearly 150,000 in mere weeks. This player versus player (PvP) shooter packs in a host of recognisable comic-book characters, pitting two teams of six against each other. Despite the game's cartoonish nature, there are several potential risks for parents and educators to be aware of.

IN-GAME CHAT

Voice chat allows players to speak to teammates and opponents within the game, but in a competitive environment, some conversations can become unpleasant. Text chat is equally prominent among those playing on PC and will be shown on the side of the screen. Moderation on chats is relatively lax, so it's important to recognise that potentially inappropriate messages could arrive at any time.

IN-GAME PURCHASES

While Marvel Rivals is free, there is an in-game store, selling character skins from recognisable movies and comic-book titles. Each season also includes a £10 Battle Pass (much like those seen in Fortnite and Call of Duty), offering a series of exclusive cosmetic items. These passes don't expire – but they can't be purchased once the next season rolls around, creating a fear of missing out.

CONTACT WITH STRANGERS

With such a huge player base, it's impossible to predict whom your child will be teaming up with or playing against. They're virtually certain to run into strangers through voice and text chat, for starters. Most of these people will just be ordinary gamers enjoying the action, but there is the risk of some users behaving inappropriately with younger players – either intentionally, or because they don't realise that they're speaking to a child.

VIOLENT CONTENT

There's no gore in Marvel Rivals, and the violence depicted is comparatively cartoonish – but the playable characters available vary between more traditional superheroes and supervillains, and figures like Black Widow and The Punisher, who use more realistic firearms. Given the game's nature as a shooter, this may make some parents and carers uncomfortable as some players will be firing these weapons at each other.

INAPPROPRIATE CONTENT

The game includes some innuendos and mature themes in the dialogue, which could expose youngsters to content unsuitable for their age, detracting from a safe and family-friendly gaming experience. As we mentioned previously, the content of the in-game chat could also be age-inappropriate, ranging from swearing to mature themes to potentially harmful content.

FAMILIAR CHARACTERS

The inclusion of iconic characters might make Marvel Rivals appear more approachable than other games in the genre, with recognisable heroes and villains like Spider-Man and Venom. This could lead to more interest from younger players, increasing the likelihood of children playing the game without properly understanding the risks.

Advice for Parents & Educators

FOLLOW ESRB RATINGS

The ESRB rating for Marvel Rivals says the game shouldn't be played by anyone under 13. Most children of that age will be able to appreciate the moral compass of the roster of characters (people can play as Hela, the Goddess of Death, for example), while also ensuring that the violence, however cartoonish, won't overwhelm them.



FAMILIARISE YOURSELF

The game's inclusion of fan-favourite characters like Iron Man and the Hulk, plus its increasing popularity, means that younger Marvel fans will likely be eager to see what the fuss is about. Since it's free, consider playing Marvel Rivals yourself to gauge how you feel about a child playing it. Alternatively, you could let them play against the game's AI in Practice Mode, until they're old enough to compete online.

MONITOR OR TURN OFF CHAT

Voice and text chat can both be adjusted within the in-game settings. If you're particularly concerned about exposing children and young people to them, however, you can disable both forms of chat in the game's settings. If a child wants to play alongside friends, remind them that they can use their console's party chat feature or host a call on a third-party service like Discord.



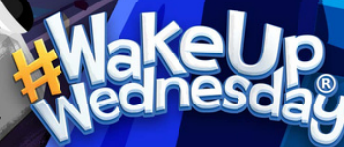
DISCONNECT PAYMENT OPTIONS

Parents should ensure that no payment options – such as debit cards – are linked to the game, to prevent unauthorised purchases and charges. Children can be tempted by enticing in-game offers without fully understanding the costs. Removing payment methods avoids impulsive in-game spending and instils a sense of financial awareness, teaching young people to be careful with their money.



Meet Our Expert

Lloyd Coombes is Games Editor at the Daily Star and has been working in the gaming and tech industry for five years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. Writing mainly about tech and fitness, he has been published on sites including IGN, TechRadar and plenty more.



The National College®



WE ARE RECRUITING IN ANGMERING

We are looking for people to join our team to provide our future generations with nutritional and tasty food

Benefits

- ✓ Term-time only
- ✓ Full training provided
- ✓ Learning opportunities including Apprenticeships available

Positions Available

Catering Assistant
25 hours
Assistant Chef-
30 hours

Email your CV to
6790-angmeringschool@caterlinkltd.co.uk

