

**Friday 28th
June**

Dear parents/carers and students,

What an amazing week this has been in school! The school production of 'Mary Poppins Jr' was a standout success, our parasport athletes from the LNC have been competing against students from schools across the country at the National Youth Games (and doing very well), our DT, Art and Photography exhibition demonstrated the immense breadth and depth of talent in the creative arts, and at the Year 7 Science Fayre we saw work from our Year 7 scientists which showed great skills and knowledge. I imagine that we have a few very tired staff and students today!

National Youth Games

Every year The Lavinia Norfolk Centre students attend the National Junior Games. The National Junior Games is a multisport event held at the home of the Paralympics, Stoke Mandeville Stadium. This is a great opportunity for the students to compete in a range of sports on a level playing field. The NGB's scout potential Paralympians and can help set them on their international journey. This event is a vital part of the extracurricular sports calendar for students within the LNC and an excellent opportunity for students to network and to meet para athletes from across the country. Students are able to 'have a go' at sports including boccia, archery, swimming, basketball, table tennis, wheelchair, shooting, slalom, hand bikes and fencing. The 3 night residential program encourages students to develop independence skills away from home. The disco on the final evening is a massive highlight for our students and everyone receives a medal. Huge thanks to all of the students for their competitive spirit and hard work, and to the staff who make the whole event possible.



Mary Poppins was 'Practically perfect!'

I am sure that those of you who were lucky enough to see the school production of Mary Poppins Jr this week will agree that it was a barnstorming demonstration of the immense talents of our students. The standard of acting, singing and dancing were superb throughout and the lead actors really embodied the characters. Aside from being slightly worried that, sitting on the front row, I was going to get a flying kick from the tap dancers (!) I thoroughly enjoyed the whole spectacle. Massive congratulations and thanks to all of the students and staff involved.



Enrichment Day - 22nd July

Get ready for a whole day of fun at the "Whole School Enrichment Day" on July 22, 2024! Students will enjoy exciting activities such as inflatables, a silent disco, and even a colourful fun run. Don't forget to grab a treat ticket for popcorn, ice creams, or donuts for an extra dose of enjoyment!

Payment is to be made via ParentPay, if you have any questions please contact your child's year team leader.

Empowerment Awards - Community Nominations

The nominations are now open for the Empowerment Awards 2024. We are particularly asking for your help to nominate students in the 'Empower my Community' awards. We know that many of our students have an exceptional impact in our local community but we don't always get to hear about this. To celebrate these achievements, we would like you to nominate or share the nomination form with local community groups. The form can be found here:

[Empower my Community Award nominations](#)

Science Fayre

Many thanks to all of the students, parents and carers who came along to see the science projects which Year 7 students have been creating over the last few weeks. The standard this year was really high and the judging (which fell to myself and some 'VIP guests') was tricky as a result. Congratulations to all of the winners who will be going on a STEAM trip to Goodwood to see how science, maths, engineering, art and technology combine to create amazing solutions in the motor industry. Well done and thanks to all of the students and staff for their hard work.



Art, Photography and DT exhibition

As many of you know, every year the Art, Photography and DT departments put on an exhibition of the GCSE and A Level work which has been produced by our students for their exam accreditation. The exhibition opened yesterday evening and I was lucky enough to have an early viewing (before the crowds arrived). I was completely blown away by the standard of the work from both Year 11 and Year 13 students. At a time when the creative arts are under increased pressure within many schools it is heartening to see that they continue to thrive here due to the passionate and inspiring staff who continue to support students to produce amazing work. Wow.

Local Summer Holiday Activities for children

The local schools have once again been supported by angmeringchildcare.com who provide free information about all of the activities which are provided by charities and companies in the locality. Details of the activities, providers and how to book places can be found on the website.

This service is provided free of charge to all of the local schools and we gain nothing from promoting it to our families. We hope that it proves useful to those of you who are looking for ways to entertain and educate your children over the summer break.

Dropping off and picking up your children

Please could we politely remind all parents/carers that motor vehicles are not allowed onto the school site between the hours of 8:00 - 8:45 or 15:00 - 15:30 unless you have been issued with a special permit. Permits are provided to families with children who have significant mobility issues and cannot reasonably make their way into school from Greenfield Drive. Thank you for respecting this rule in order to keep students on our site safe.

Local Summer Holiday Activities for children

Time for a little light relief..... On Saturday 14th September we are playing host to the 'Just Kidding Comedy Club' who organise and run comedy nights around the South East. They donate 30% of ticket revenue and 10% of the bar revenue to the school (in our case it will support the LNC Trust) at the same time as providing a great evening of entertainment. Tickets are £20 online or £25 on the door. Details have been included at the end of this letter. The QR code to go directly to the booking site is below. Please come along to support this great event.

School Nurse Advice

Please be aware there has been a report of an increase in the amount of children with head lice in the school. Head Lice can be easily treated by regular combing with hair conditioner and a nit comb. The school nurse would highly recommend a Nitty Gritty comb available in most chemists, as this comb will remove both the eggs and lice. Please check your child's head asap. Attached is a link to NHS choices for further information <https://www.nhs.uk/conditions/head-lice-and-nits/>

Thanks for your continued support,



Simon Liley, Headteacher

NAOMI GODFREY COMEDY PRESENTS

JEST KIDDING COMEDY CLUB

JOIN US FOR A NIGHT OF
FANTASTIC STAND UP COMEDY
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SATURDAY

14 SEPTEMBER 2024

DOORS AT 7PM

£20

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30% of ticket sales
&
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STAR, LAURA LEXX.
HOSTED BY:
NAOMI GODFREY

Student and Community News

Comic Workshop

Back by popular demand for his fourth visit, author and Beano cartoonist Kev F Sutherland brought us two lively and entertaining Comic Art workshops for selected students in Key Stage Three. As he shared his expertise - and terrible jokes - the youngsters had fun creating and drawing their own characters and comic strips. These were combined into a comic for each of them to take away, together with a personalised caricature sketched by Kev. Kev's work has also featured in the Dandy, Doctor Who and Marvel comics. For more information about Kev's work, including his comic books and graphic novels, visit <https://www.kevcomicartist.com/>



Year 8 Creative Writing Competition

Congratulations to Evelyn Matthews 8FRA who has been chosen as the winner of this year's creative writing competition. Evelyn wrote about the importance of Student Voice. Evelyn's name has been engraved on the William Nicholson shield for excellence in creative writing and she was awarded her prize during one of our recent Comic Art Workshops led by Kev F Sutherland.



Student Bulletin

Every Monday we send the students a newsletter which includes important weekly events and notices, sports clubs, and celebrates their achievements. Please click [here](#) to see this weeks Bulletin.

[Link to The Student Bulletin](#)

Vacancies

- No current vacancies

Diary Dates

- 3rd July Year 6 Transition Day
- 3rd July University of Chichester trip Yr12
- 4th July UCAS Information evening
- 5th July Y10 Chichester College trip - Taster Day
- 9th July Year 7 Arundel and Wetlands trip
- 11th July Music Mania
- 11th July Yr 12 Leeson House Geography Residential
- 11th July Y7 Science Fair Winners - trip to Goodwood FOS
- 12th July Festival of Speed Trip
- 15th July Year 10 6th form taster day (A side)
- 16th July Year 10 6th form taster day (B side)
- 17th July Empowerment Awards Evening
- 18th July An introduction to Anxiety - Parent Psychoeducation workshop
- 18th July Y9 Legal & General Hove trip
- 19th July Sports Day
- 22nd July Enrichment Day

Key Contacts for parents/carers

Key Contact	Email Addresses	Phone Numbers
Year 7 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Miss Pegden (Head of Year 7)	npegden@theangmeringschool.co.uk	(01903) 778317
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 8 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mrs Wyatt (Head of Year 8)	swyatt@theangmeringschool.co.uk	(01903) 778303
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 9 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mrs Fillery (Head of Year 9)	jfillery@theangmeringschool.co.uk	(01903) 778311
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 10 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mrs Hook (Head of Year 10)	lhook@theangmeringschool.co.uk	(01903) 778338
Mrs O'Hare (Student Support)	dohare@theangmeringschool.co.uk	(01903) 778389
Year 11 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mr Middleton (Head of Year 11)	mmiddleton@theangmeringschool.co.uk	(01903) 778339
Mrs O'Hare (Student Support)	dohare@theangmeringschool.co.uk	(01903) 778389

Key Contacts for parents/carers

Sixth Form Key Contacts

Sixth Form	Mr Kerrison (Leader of VI Form) Mrs Carroll (VI Form Admin) Emily Davies (VI Pastoral Coordinator)	akerrison@theangmeringschool.co.uk pcarroll@theangmeringschool.co.uk edavies@theangmeringschool.co.uk	(01903) 778356 (01903) 778391 (01903) 778394
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Absence Reporting Via Text Messaging - 07860054571

Parental Wellbeing and Information

Parent Workshops from CAMHS

Our colleagues in the Child and Adolescent Mental Health Service (CAMHS) have produced a series of pre-recorded webinars for parent and carers. The topics cover a range of difficulties that young people may be experiencing.

Each workshop gives an overview of a specific difficulty and also some hints and tips on how young people can be supported. There are also links to some resources that you may find helpful, either while you are waiting for CAMHS treatment, or as an alternative to CAMHS.

<https://www.sussexcamhs.nhs.uk/resources/resources-for-families-carers-and-professionals/parent-and-carer-workshops?open=15829#single-accordion-15829>

West Sussex Mind online event

This online event led by West Sussex Mind will cover various topics related to youth self-harm, including identifying warning signs, effective communication strategies, and available resources for support. Our experienced professionals will lead the session, offering insights and practical advice to help you navigate this challenging situation.

By attending this session, you'll gain a better understanding of youth self-harm and learn how to provide the necessary support to your child or the young person you care for. It's a great opportunity to connect with other parents or carers who are facing similar concerns.

https://www.eventbrite.co.uk/e/free-online-session-for-parents-or-carers-concerned-about-youth-self-harm-tickets-890197232887?aff=erelexpmlt&gl=1*10fobvb*_up*MQ..*_ga*ODAzNzc2NTk3LjE3MTQxMTcxMDE.*_ga_TQVES5V6SH*MTcxNDExNzEwMS4xLjAuMTcxNDExNzEwMS4wLjAuMA..

BBC Sussex Raising Teens

A number of West Sussex colleagues from both the SEND and Inclusion Service and Public Health have been involved in the latest series of Raising Teens on BBC Radio Sussex, as part of a project by Make Good Trouble. <https://www.makegoodtrouble.co.uk/our-work/raising-teens/raising-teens-series-five/>

The series is aimed at parents of teenagers, but is an excellent source for anyone supporting this cohort of young people.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

GAMBLING

WHAT ARE THE RISKS?

Gambling can be defined as betting or risking money or something of value on the outcome of a situation involving chance. Under current regulations, gambling is legal for adults in the UK. Its potential impacts on the wellbeing of individuals, families and communities are well documented – emphasising the importance of safeguarding children and young people against these hazards.

MANIPULATIVE ADVERTISING

Adverts for online bookmakers and betting exchanges can raise concerns about targeting vulnerable groups, fostering addiction, promoting misleading expectations, impacting mental health, affecting social norms, posing regulatory challenges, influencing minors and other ethical issues. Effective regulation, responsible advertising practices and public education are essential to mitigate these concerns and address the potential harms associated with excessive exposure to manipulative advertisements.

FREE BET!

IMPACT ON MENTAL HEALTH

Gambling can exacerbate mental health issues such as anxiety, depression, and stress – especially if it leads to financial loss. Individuals with existing mental health conditions may use gambling as a coping mechanism – but the cycle of gambling can worsen their symptoms, creating a detrimental impact on overall wellbeing. Integrated support services and treatment options are crucial to address these interconnected challenges effectively.

ADDICTIVE FEATURES

All gambling products carry safety concerns, but some can be even riskier and more addictive. The frequency with which people can place bets can encourage them to do so often – with rapid spins and multiple betting options, for example. Betting on sports events, especially with live in-play betting options, can be highly engaging and habit forming. The 24/7 availability of online platforms can also increase the risk of excessive gambling, particularly among young people.

50 FREE SPINS

GATEWAY BEHAVIOURS

Certain features of other products – such as video games that offer in-game purchases – can lead to gambling among young people. These mechanisms can sometimes be designed to exploit psychological vulnerabilities, encouraging repeated spending to acquire virtual items or advantages. Such practices can normalise the associated risks and desensitise young people to putting their or their family's money in danger.

PEER PRESSURE

Exposure to gambling through friends, influencers or social circles can normalise risky behaviour and create unrealistic expectations about the chances of winning. Addressing peer influence requires support services, responsible advertising practices and effective education on the subject to minimise the impact on children and promote healthier choices.

FINANCIAL DIFFICULTIES

The most common impacts of online betting come in the form of financial losses and debt. This, in turn, can lead to distorted perceptions of money, deterioration of relationships, social isolation, and poor academic and career outcomes. Regular gambling can even exacerbate other risky behaviour by making it seem less significant – potentially leading to a cascade of health impacts and financial loss.

Advice for Parents & Educators

ENCOURAGE OPEN DISCUSSIONS

Sporting events can be a good opening for conversations about gambling, as some sponsorships may reference and even glamourise it. Talk to children about how these promotions make them feel and encourage frequent conversations about any concerns they may have. Adverts, influencers and online platforms may also feature gambling products. As a child grows, it's important to encourage their critical thinking skills to help them avoid being manipulated by this type of marketing.

KNOW THE WARNING SIGNS

Parents and educators should be vigilant for signs of gambling harm among young people. Look for changes in their behaviour such as increased secrecy, unexplained money issues, mood swings or withdrawal from their usual activities. Open conversations about gambling risks and maintain a supportive, non-judgemental environment. Try to familiarise yourself with resources and helplines for assistance and guidance.

MONITOR SPENDING

In-game purchases can be appealing to children, allowing them to unlock new features or cosmetic items in a fraction of the time it would take to win them by playing. Talk to children about how they spend money online; an interest in what video games they play can encourage the conversation. Consider setting up restrictions on their devices, requiring their parent or carer's permission before making any purchases. Talk about finances regularly and openly.

GET FURTHER SUPPORT

Support and treatment for young people is available via the Young People's Support Service at GamCare, who can be contacted at 0808 8020 133. A link to their website has also been included in the sources of this guide, along with links to several other support networks. Your GP and local NHS gambling clinic are also available if you require additional advice. Don't hesitate to reach out for help if you're concerned about a child's gambling behaviour or their financial situation.

Meet Our Expert

Ygam's mission is to prevent children and young people from experiencing gaming and gambling harms through awareness raising, education, and research. The charity was established in 2014 as a result of the lived experience of their founders.

Ygam

#WakeUpWednesday

The National College®

Source: See full reference list on guide page at <https://nationalcollege.com/guides/gambling>

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The Angmering School Attendance Overview



UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.