

Friday 6th
June

Dear parents/carers and students,

In the week when we commemorate the 80th Anniversary of D-Day I was fortunate to meet with a local historian this week; they spoke to a group of students about the events of that fateful day and the experiences of the people present. I was extremely proud of the sensitive and polite way which the students interacted with our visitor and with their mature reflections on the horrors of war. In a modern world which is often associated with fast paced social media and 24/7 news it was good to take time to reflect and remember those who fought for our freedoms. Our thoughts also must go out to all of those people across the world who are still being affected by wars.



General Election and Youth Matters Debate

Over the next few weeks, we will be using the General Election as a focus for learning about democracy and voting in our morning tutor and oracy sessions and will be holding a mock general election on the 4th July. In order to give our students the opportunity to hear from the different candidates standing for election in Worthing West constituency, we have organised the 'Youth Matters General Election Debate' on Wednesday 19th June from 3.45-5pm with 45 minutes of debate and then some time for students to ask individual questions to candidates. Candidates from all major parties have confirmed their attendance. The debate will be based around questions from students and we would like to invite parents or carers to attend as observers alongside your child. If you would like to attend, please sign up via this form: [Youth Matters General Election Debate Attendance](#)

Empowerment Awards - Community Nominations

The nominations are now open for the Empowerment Awards 2024. We are particularly asking for your help to nominate students in the 'Empower my Community' awards. We know that many of our students have an exceptional impact in our local community but we don't always get to hear about this. To celebrate these achievements, we would like you to nominate or share the nomination form with local community groups. The form can be found here: [Empower my Community Award nominations](#)

Comedy Show in support of the LNC

Time for a little light relief..... On **Saturday 14th September** we are playing host to the 'Just Kidding Comedy Club' who organise and run comedy nights around the South East. They donate 30% of ticket revenue and 10% of the bar revenue to the school (in our case it will support the LNC Trust) at the same time as providing a great evening of entertainment. Tickets are £20 online or £25 on the door. Details have been included at the end of this letter. The QR code to go directly to the booking site is below. Please come along to support this great event.



Transition of Year Team Leader for current Year 7

As parents/carers of our Year 7 students will know, Miss Pegden will be welcoming the new Year 7 students in September and has already done lots of work to support their transition from primary schools. Mr Middleton, our current Year Team Leader for Year 11 will be taking over the leadership of the current Year 7 now that Year 11 are on study leave and completing their final exams. He will start to take over from Miss Pegden from Monday 10th June. I am sure that you will all join me in offering sincere thanks to Miss Pegden for all of her work with the children in Year 7 this year.

Parent/Carer Petition for a safer crossing on Worthing Road, East Preston

A group of concerned parents/carers have created an online petition to West Sussex County Council because of their concerns over the safety of children crossing Worthing Road (B2140) in East Preston. Their view is that this road has become a death trap with blind bends, no pedestrian crossing and cars speeding over the limit.

Their petition states: *“Worthing Road is heavily used by schoolchildren and their parents from Angmering and East Preston during peak hours. Yet, there are no measures in place to ensure their safety while crossing this busy road. The absence of such safety measures forces many parents like us to resort to driving our children to school instead, causing more congestion and parking issues around the schools. Some parents are resorting to pruning the hedgerows to get a safer view to cross the road.”*

We urge West Sussex County Council, the Local Highways Authority and the Local Education Authority, please implement pedestrian crossings on Worthing Road as soon as possible! Our children's lives depend on it!”

Please sign this petition if you wish to support their call for a safer crossing on this road:

<https://www.change.org/p/implement-a-safe-crossing-for-schoolchildren-on-worthing-road-east-preston>

Uniform and warm weather

As most of you know we have systems in place to ensure that we make adjustments to the uniform rules during periods of extreme hot weather. We continue to monitor the forecasts throughout the summer term and will communicate any changes to you with as much notice as we can.

Our guidelines are as follows:

If the temperature is predicted to be over 25 degrees centigrade for 3 days or more (in a school week) we move to ‘no blazer week’, allowing students to leave blazers at home for that week

If the temperatures approach 30 degrees centigrade we will then advise of further options to allow students to remain comfortable. These may include measures such as removal of ties, replacement of school shirts with PE polo shirts or (in extreme cases) allowing students who wish to wear full PE kit at school.

For the time being we are maintaining normal uniform expectations and appreciate your support with this.

Dropping off and picking up your children

Please could we politely remind all parents/carers that motor vehicles are not allowed onto the school site between the hours of 8:00 - 8:45 or 15:00 - 15:30 unless you have been issued with a special permit. Permits are provided to families with children who have significant mobility issues and cannot reasonably make their way into school from Greenfield Drive. Thank you for respecting this rule in order to keep students on our site safe.

Thanks for your continued support,



Simon Liley, Headteacher

NAOMI GODFREY COMEDY PRESENTS

JEST KIDDING COMEDY CLUB

JOIN US FOR A NIGHT OF
FANTASTIC STAND UP COMEDY
AT **THE ANGMERING SCHOOL**

SATURDAY

14 SEPTEMBER 2024

DOORS AT 7PM

£20

£25 ON THE DOOR



SCAN HERE!

30% of ticket sales
&
10% of bar sales
being donated to
'The Lavinia Norfolk
Centre Charitable
Trust'



GREAT VALUE CASH & CARD BAR



THE ANGMERING SCHOOL, STATION ROAD, BN16 4HH
FREE PARKING FOR PATRONS
www.naomigodfrey.co.uk

Student and Community News

Verve Dance Company

On Thursday 6th June, Verve Dance Company performed their piece, 'Dominoes' in The Showroom at the University of Chichester. The dancers performed incredibly well and represented the school beautifully. Well done to all those involved! You can see a video of the piece on Instagram @angmeringdance



Parallel Youth Games

A large group of LNC students travelled to the K2 Stadium in Crawley to take part in the Parallel Youth Games on Wednesday 22nd May. Emma and Ellie won medals in swimming. The Boccia Team came first winning gold and the table cricket team came 3rd. Everyone had a great day and Tim summed it up with 'How good in was to see everyone in collaboration to make the day a great event.'



Student Bulletin

Every Monday we send the students a newsletter which includes important weekly events and notices, sports clubs, and celebrates their achievements. Please click here to see this weeks Bulletin.

[Link to The Student Bulletin](#)

Vacancies

- Senior Lab Technician - [Link to Vacancy](#)
- Learning Support Assistant - [Link to Vacancy](#)

Diary Dates

- 10th June Y8 Exam Week
- 17th June Y7 Exam Week
- 18th June Y8 Consultation Evening
- 19th June Youth Matters General Election Debate
- 20th June Yr 10 Geography Fieldwork Trip Stor/West Beach
- 21st June Amazing Book Awards Evening Trip
- 25th-28th June Stoke Mandeville Games
- 25th June Summer Production
- 26th June Summer Production

Key Contacts for parents/carers

Key Contact	Email Addresses	Phone Numbers
Year 7 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Miss Pegden (Head of Year 7)	npegden@theangmeringschool.co.uk	(01903) 778317
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 8 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mrs Wyatt (Head of Year 8)	swyatt@theangmeringschool.co.uk	(01903) 778303
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 9 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mrs Fillery (Head of Year 9)	jfillery@theangmeringschool.co.uk	(01903) 778311
Mrs Ford (Student Support)	sford@theangmeringschool.co.uk	(01903) 772351 (Extension 260)
Year 10 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mrs Hook (Head of Year 10)	lhook@theangmeringschool.co.uk	(01903) 778338
Mrs O'Hare (Student Support)	dohare@theangmeringschool.co.uk	(01903) 778389
Year 11 Key Contacts		
Mrs Jones (Attendance Officer)	ljones@theangmeringschool.co.uk	(01903) 778323
Mr Middleton (Head of Year 11)	mmiddleton@theangmeringschool.co.uk	(01903) 778339
Mrs O'Hare (Student Support)	dohare@theangmeringschool.co.uk	(01903) 778389

Key Contacts for parents/carers

Sixth Form Key Contacts

Sixth Form	Mr Kerrison (Leader of VI Form) Mrs Carroll (VI Form Admin) Emily Davies (VI Pastoral Coordinator)	akerrison@theangmeringschool.co.uk pcarroll@theangmeringschool.co.uk edavies@theangmeringschool.co.uk	(01903) 778356 (01903) 778391 (01903) 778394
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Absence Reporting Via Text Messaging - 07860054571

Parental Wellbeing and Information

Parent Workshops from CAMHS

Our colleagues in the Child and Adolescent Mental Health Service (CAMHS) have produced a series of pre-recorded webinars for parent and carers. The topics cover a range of difficulties that young people may be experiencing.

Each workshop gives an overview of a specific difficulty and also some hints and tips on how young people can be supported. There are also links to some resources that you may find helpful, either while you are waiting for CAMHS treatment, or as an alternative to CAMHS.

<https://www.sussexcamhs.nhs.uk/resources/resources-for-families-carers-and-professionals/parent-and-carer-workshops?open=15829#single-accordion-15829>

West Sussex Mind online event

This online event led by West Sussex Mind will cover various topics related to youth self-harm, including identifying warning signs, effective communication strategies, and available resources for support. Our experienced professionals will lead the session, offering insights and practical advice to help you navigate this challenging situation.

By attending this session, you'll gain a better understanding of youth self-harm and learn how to provide the necessary support to your child or the young person you care for. It's a great opportunity to connect with other parents or carers who are facing similar concerns.

https://www.eventbrite.co.uk/e/free-online-session-for-parents-or-carers-concerned-about-youth-self-harm-tickets-890197232887?aff=erelexpmlt&gl=1*10fobvb*_up*MQ..*_ga*ODAzNzc2NTk3LjE3MTQxMTcxMDE.*_ga_TQVES5V6SH*MTcxNDExNzEwMS4xLjAuMTcxNDExNzEwMS4wLjAuMA..

BBC Sussex Raising Teens

A number of West Sussex colleagues from both the SEND and Inclusion Service and Public Health have been involved in the latest series of Raising Teens on BBC Radio Sussex, as part of a project by Make Good Trouble. <https://www.makegoodtrouble.co.uk/our-work/raising-teens/raising-teens-series-five/>

The series is aimed at parents of teenagers, but is an excellent source for anyone supporting this cohort of young people.

Free Workshop for Parents and Carers regarding Self Harm

FREE workshops for parents and carers

Join other parents and carers in a safe and supportive environment to hear what is working for them and improve your understanding and skills to prevent and respond to self-harm.

<https://www.angmeringschool.co.uk/assets/Self-Harm-Learning-Networks-Parents.pdf>

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES



Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

6 EMPOWER THE CHILD



When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

2 LEAD BY EXAMPLE



The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

7 TEACH EMPATHY



'Healthy friendships' doesn't always mean 'perfect'. Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

3 HELP THEM LOVE THEMSELVES



Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

8 BE OPEN TO QUESTIONS




Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

4 MONITOR SCREEN TIME




Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

9 UNDERSTAND BOUNDARIES



One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

5 TEACH PROBLEM-SOLVING



Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

10 SPOT THE SIGNS



We can't always supervise young people; sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



The Angmering School Attendance Overview



UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.